# Appendix 1

## **Participant Information**

Please answer these questions so I can know a little more about you. Please *do not* write your name on this sheet since participants' identities are to be kept strictly anonymous. If you have already taken this survey in another class, please *do not* take it again.

Age						
Gender						
Year in College (fr	eshman, sophomore	e, etc.)				
Major						
ACT scores (leave Writing	blank any you don'	t remember) (	Composite	English	Reading	
GPA	(leave blank if t	this is your firs	st semester)			
What is the averag	ge grade you get on	your college pa	apers?			
English course in v	which you are now e	enrolled:				
	per week do you speg notes in class)?				s for all of your cou	ırses
	per week do you spe			rself (this could	l include a journal,	poetry,
	per week do you spe ?			rs in social med	lia settings (Facebo	ok,
	per week do you spe c journals, textbooks,			ool assignment	s for all of your co	urses
	per week do you spe		, <i>reading</i> for rec	reation (books,	magazines, online	articles
	per week do you spe blogs, etc.) ?			thers have post	ed in social media s	settings
	to 5, how do you se lease circle the most a			s? (1= very lov	v proficiency; 5= vo	ery
Very Low1 2	3	Very 4	High 5			

### **Writing Practices Inventory**

*Directions*: Listed below are statements about what people do when they write for academic or school-related assignments.

Five numbers follow each statement (1, 2, 3, 4, 5) and each number means the following:

- 1 means "I never or almost never do this."
- 2 means "I do this only occasionally."
- 3 means "I sometimes do this" (about 50% of the time).
- 4 means "I usually do this."
- 5 means "I always or almost always do this."

After reading each statement, **circle the number** that best describes your practices using the scale provided. There are no right or wrong answers to these statements.

#### **Researching:**

I start researching for my paper a week or more before it is due.	1 2 3 4 5
I start researching for my paper about three days before it is due.	1 2 3 4 5
I start researching for my paper the day before it is due.	1 2 3 4 5
I start researching for my paper the day it is due.	1 2 3 4 5
I make notes on my sources to get ideas for my papers.	1 2 3 4 5
I highlight my sources to get ideas for my papers.	1 2 3 4 5
I highlight or annotate pdfs/ articles on the computer to get ideas about sources.	1 2 3 4 5
Planning:	
I start planning what to write a week or more before it is due.	1 2 3 4 5
I start planning what to write about three days before it is due.	1 2 3 4 5
I start planning what to write the day before it is due.	1 2 3 4 5
I start planning what to write the day it is due.	1 2 3 4 5
I make lists on paper to get ideas for my papers.	1 2 3 4 5
I make lists on the computer to get ideas for my papers.	1 2 3 4 5
I freewrite on paper to get ideas for my papers.	1 2 3 4 5
I freewrite on the computer to get ideas for my papers.	1 2 3 4 5
I write an outline on paper to organize ideas for my papers.	1 2 3 4 5
I write an outline on the computer to organize ideas for my papers.	1 2 3 4 5
I use webs, clusters, or mind-maps to generate or organize ideas for my papers.	1 2 3 4 5
I discuss my ideas for a paper on Facebook, Twitter, email, or blog.	1 2 3 4 5

<b>Writing:</b> I start writing my paper a week or more before it is due.		1	2	3	4	5
I start writing my paper about three days before it is due.			2	3	4	5
I start writing my paper the day before it is due.		1	2	3	4	5
I start writing my paper the day it is due.		1	2	3	4	5
I write my first draft with pen and paper.				3	4	5
I write my first draft on the computer.				3	4	5
I start drafting on my computer with no written planning	notes or outline.	1	2	3	4	5
I cut and paste passages from sources and reword them.		1	2	3	4	5
I cut and paste passages that I'm quoting directly from sources.			2	3	4	5
I do "mindless" activities like doodling to get ideas if sta	ılled in my writing.	1	2	3	4	5
I have trouble focusing on my writing because other thou	ughts or worries intrude.	1	2	3	4	5
I write a paper in one long composing session.		1	2	3	4	5
I write a paper in several shorter composing sessions.		1	2	3	4	5
<b>Revising:</b> I look at the red underlining on my screen to check for my look at the green underlining on my screen to check my	1 0		2 2			
I look at teacher comments from earlier papers in order t	o improve my writing.	1	2	3	4	5
	from: a friend a classmate the writing center my teacher a parent	1 1 1	2 2 2 2 2	3 3 3	4 4 4	5 5 5
I revise and add sentences to elaborate on ideas.		1	2	3	4	5
I revise to eliminate repetitive words or sentences.			2	3	4	5
I rearrange content, add new content or delete content when I revise.			2	3	4	5

1 2 3 4 5

1 2 3 4 5

I proofread my paper for mistakes I know I often make.

I proofread my paper but have trouble catching my own errors.

Writing Environmen	ıt:	
I have the television of		_

Writing Environment:  I have the television or a video on for background noise when I write.	1 2 3 4 5
I watch television programs or videos (NOT just for background) while I write.	1 2 3 4 5
I listen to music when I write (without lyrics).	1 2 3 4 5
I listen to music when I write (with lyrics).	1 2 3 4 5
I turn off my phone or put it away when I write.	1 2 3 4 5
I use special views in my word processor (like "focus" or "full screen")	
to minimize visual distractions as I write.	1 2 3 4 5
I close computer applications like Facebook, Internet, email as I write.	1 2 3 4 5
I check Facebook, Twitter, Instagram, etc. while writing my papers.	1 2 3 4 5
I check email messages while writing my papers.	1 2 3 4 5
I send email messages while writing my papers.	1 2 3 4 5
I check texts while writing my papers.	1 2 3 4 5
I send texts while writing my papers.	1 2 3 4 5
I write where nobody else is around.	1 2 3 4 5
I write in my bedroom, dorm room or apartment.	1 2 3 4 5
I write where other people are studying quietly like a library or computer lab.	1 2 3 4 5
I write in a coffee shop or similar setting.	1 2 3 4 5

Is there anything you think you should change about your writing process? If so, what?

How likely are you to make these changes?

I won't Not very likely 50/50 chance Very likely Definitely will

### **Writing Attitudes Inventory:**

Listed below are statements reflecting people's attitudes and beliefs about academic writing practices. Please indicate how much you agree or disagree with them by circling the appropriate response (Strongly disagree, somewhat disagree, neutral, somewhat agree, or strongly agree).

Writing helps me figure out what I want to say.

strongly disagree somewhat disagree neutral somewhat agree strongly agree

I need to know what I'm going to say before I start writing.

somewhat disagree strongly disagree neutral somewhat agree strongly agree I have to be in the mood to write in order to get started. strongly disagree somewhat disagree neutral strongly agree somewhat agree Once I get started writing, I enjoy the process. strongly disagree somewhat disagree neutral somewhat agree strongly agree I put off starting to write because writing makes me uncomfortable. strongly disagree somewhat disagree neutral somewhat agree strongly agree I need large chunks of time to get any writing done. strongly disagree somewhat disagree neutral somewhat agree strongly agree I prefer to write in smaller chunks of time, but frequently. strongly disagree somewhat disagree neutral somewhat agree strongly agree I expect my first draft to be really rough. strongly disagree somewhat disagree somewhat agree neutral strongly agree I worry that people will respond negatively to my writing. somewhat disagree neutral somewhat agree strongly agree strongly disagree My perfectionism makes me easily frustrated with my rough drafts. strongly disagree somewhat disagree neutral somewhat agree strongly agree I know that I've written well enough in the past, so I trust the process of drafting and revision. somewhat disagree somewhat agree strongly disagree neutral strongly agree I've had trouble writing in the past, so I am anxious when starting a new writing assignment. strongly disagree somewhat disagree neutral somewhat agree strongly agree I write best under the pressure of a close deadline. strongly disagree somewhat disagree neutral somewhat agree strongly agree I cannot focus well on my writing if I am rushed for time. strongly disagree somewhat disagree neutral somewhat agree strongly agree Experienced writers don't revise much. strongly disagree somewhat disagree neutral somewhat agree strongly agree Good writing depends mainly on talent.

Good writing depends mainly on practice and effort.

strongly disagree

strongly disagree somewhat disagree neutral somewhat agree strongly agree

neutral

somewhat agree

strongly agree

What is the most challenging aspect of academic writing?

somewhat disagree

What is the most rewarding aspect of academic writing?